Psalms for Life_Part 2: Psalm 121

LIFE VERSE: Psalm 119:105

Your word is a lamp for my feet, a light on my path.

1. Read Psalm 121:1. When you face stress, fear, or uncertainty, where are you most tempted to look for help?

2. Read Psalm 121:2-4. What do these verses reveal about God's capabilities and character, and why does that matter when you're facing difficulties?

3. Read Psalm 121:5-6. What does the picture of the LORD as your "shade" teach about His care for His people?

4. Read Psalm 121:7-8. What words or phrases in these verses most encourage or challenge you? Why?

5. Psalm 121:7 says, "The LORD will keep you from ***all*** harm." Read John 10:27-30, Romans 8:35-39, and 1 Peter 1:3-5. How do these passages help you better understand this promise?