



## *Be Still and Know Part 5: "Holding on to Hope"*

1. Read Job 19:1-24. In what ways can you relate to Job's lament?
2. Just like Job's friends, sometimes the church does a poor job of representing God's love. Read Exodus 34:1-7 and talk about the true nature of our God.
3. Read 1 Thessalonians 5:12-22. What practical advice does the Apostle Paul give to help us avoid needlessly hurting others?
4. Read Job 19:25-27. Though Job's pain ran deep, his faith in God ran deeper. He put his ultimate hope in his Redeemer! How does his proclamation of resurrection hope in the face of trials challenge you to reframe your understanding of suffering?
  - a. How can you use these verses to help you maintain a hopeful perspective when the answers to your prayers seem delayed or unanswered?



**Colossians 3:23** Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.

**Matthew 5:16** Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

1. Jonah did not want to obey God and tell others about Him, but what happened when he eventually did?
2. Why is sharing the story and light of Jesus so important?
3. Who is someone in your life that you feel shines the light of Jesus? In what ways can you live a life that shines the light of Jesus?
4. A testimony is our own story of what Jesus has done in our lives! What has Jesus done in your life that you can share with others?