



## *Be Still and Know Part 1: "Confronting Extreme Loss"*

1. Share something that stood out to you personally from this week's message and discuss with the group?
2. Job's story is one of extreme loss. Recount a time when you experienced great loss and describe how it impacted your faith.
3. Read Job 1:20-22. Job's response to his losses included both mourning and worship. How have you balanced expressing grief and maintaining a sense of worship during challenging times in your own life?
4. Job recognized that everything he had was a gift from God. How can cultivating a mindset of gratitude for the gifts God has given you impact your overall perspective, especially during difficult moments?



1. What are some things you do every day, maybe many times a day? Why do you do these things?
2. Why did Daniel make prayer a priority in our Bible story today?
3. Can you think of a time when you prayed about something, and you saw God answer your prayer? Does God always answer your prayers?
4. Why can we pray to God?
5. What are some things and people that you can pray for everyday?
6. **Faith in Action:** Come up with a plan to read the Bible this week. Pray for the Spirit's help. Read the *Scripture* (Bible), *Observe* what is happening in the story or verse, think about how you can *Apply* it to yourself, and finally *Pray* with someone about what you read.