

Growth Group Questions

What I Wish I'd Known Sooner Part 1: Stop Trying and Start Training

1. What's the biggest thing you've ever trained for, or something you should have trained for but didn't?
2. What are the goals you have for your life right now?
3. Read 1 Timothy 4:7-8. In what way would you need to become more godly to accomplish these goals?
4. Read Psalm 115:1, 1 Corinthians 10:31 and Colossians 3:17. What would it look like for you to make God your motivation for achieving your goals?
5. Read 1 Timothy 6:11. Which aspect mentioned in this verse has been most prevalent in your life, and which one do you want to grow in the most?
6. Lifework: Rather than saying, "I'm trying," start telling yourself, "I'm in training."