

## **Growth Group Questions**

### *Cross Training Part 1: Pick Up Your Cross*

#### **DENY OURSELVES**

1. Is there an area of my life where I am currently saying "No" to Jesus?
  - a. Maybe I need to apologize sincerely to someone, but I'm refusing.
  - b. Maybe I need to complain less and give thanks more, but I'm resisting Jesus.
  - c. Do I have a hidden sin that I'm unwilling to bring into the light of Christ, who is both holy and kind?

#### **TAKE UP OUR CROSS DAILY**

2. Am I pursuing comfort and avoiding helping others because it's too costly or inconvenient?
3. Am I seeking approval from others instead of from Christ because of the pain I might feel if they reject me?

#### **FOLLOW HIM**

4. What has God given to every believer to enable him/her to follow his Son? (See 1 Corinthians 12:3)
5. How can I listen today to his will, his leadership, his truth, his promises, his commands? (See John 15:1-8, Luke 10:38-42, Deuteronomy 32:45-47)

#### **GAINING THE WHOLE WORLD???**

6. Do desires for recognition, satisfaction or respect stand between me and my Jesus?
7. Are there worldly pleasures distracting me from Jesus who actually offers eternal pleasure and hope and life?



# **Car Conversations**

*Keep the conversation with your kids going using these questions based on the Faith Kids' lesson.*

*((The following questions are based on Ephesians 6))*

1. What's your favorite uniform that you've worn? Why was each piece included in the uniform? (Think about your shirt, pants/shorts, hat/helmet, additional equipment.)
2. "Put on the full armor of God, so that you can take your stand against the devil's schemes." Ephesians 6:11
  - a. Why do we need a spiritual uniform or armor?
  - b. What is a scheme? What are some of the devil's schemes?
3. Whose armor do we get to put on? Why is remembering where the armor comes from important?
4. What is something that is hard for you right now? Ask God in prayer to help you fight your battle and thank him that through Jesus you can win against sin.